



Hair FX™ Aftercare Instructions

Immediately after your Hair FX™ treatment you may notice a few of the following things:

- Burning
- Dry blood
- Soreness
- Itchiness

These issues above are common and should resolve over the next few days.

You may rinse your hair and scalp the next morning and for the next 3 days with lukewarm water using the bottle provided by our office. **DO NOT SHOWER OR USE SHAMPOO FOR 3 DAYS.** The showerhead pressure and soap may cause irritation to your scalp.

Things to avoid:

- Showering and shampooing your hair for 3 days.
- Going in a sauna or steam room for 3 days.
- Engaging in vigorous physical activity for 3 days.
- Hair spray, dry shampoo, or hair products of this nature for 3 days.
- Washing your hair and scalp with hot water.
- Consuming alcohol, fish oil, coffee for 3 days.

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